

## Contact Hamilton is Seeking Board Members

- Are you interested in volunteering with an organization that supports children, youth and adults with mental health and developmental disabilities?
- Do you live or work in the Hamilton-Niagara area?
- Want to learn about how a Board of Directors works?
- Looking to meet new people, and build networks?

### Benefits of Joining the Board:

- Make a meaningful contribution to a community-based organization
- Meet new people from the Board who live and work across the Hamilton-Niagara area
- Training and professional development
- Learn about the developmental services or the children's mental health sector

### Responsibilities

- Attend monthly meetings on the 4<sup>th</sup> Thursday of each month (evenings, 2 to 3 hours long)
- Commit to a 3-year term (can be renewed once)
- Board sets the vision, and the staff implements it
- Contribute in a meaningful way to Board discussions and activities

### Eligibility

- Live or work in the Hamilton-Niagara region (Brant, Haldimand and Norfolk, Niagara, Six Nations of the Grand River and Mississaugas of the New Credit First Nation, Hamilton)
- Be 18 years of age or older
- Be committed to the values of Contact Hamilton
- Be committed to act in the best interests of all people served by Contact Hamilton

Contact Hamilton believes in diversity and recognizes the benefits it can bring to our volunteer Board of Directors. Diversity promotes the inclusion of different perspectives and ideas, limits group-think and ensures that Contact Hamilton benefits from all available talent.

*If you have questions about whether you can apply or not, get in touch!*

To find out more about the current Board of Directors, visit the Contact Hamilton website's page.

**To submit an application, please email Dayna Setzkorn [dayna.setzkorn@contacthamilton.ca](mailto:dayna.setzkorn@contacthamilton.ca) or go to our website to download an application form.**